



POSSIBLE

IT'S POSSIBLE

Addiction Services of Thames Valley

Programs & Services



“Limitless possibilities....through
freedom from addictions”

Vision Statement

POSSIBLE

200 Queens Avenue, Suite 260,
London, ON, N6A 1J3

www.adstv.on.ca

T: (519) 673-3242
F: (519) 673-1022

ADSTV History

- Funded by the Ministry of Health in 1985
- 27 years of service
- Response to the needs of Ontarians for an objective assessment of substance abuse and a treatment plan for concerns
- Expanded to include problem gambling approx. 1996
- Started with one program and four staff
- Currently have nine programs (plus Opiate Case Management program on horizon)

Funding and Catchment

- Core remains the same since 1985
- Thames Valley catchment
- Main office in London
 - Points of Access in Strathroy, St. Thomas, Woodstock, Tillsonburg
 - Walk-In Intake in London, Oxford County
- MOHLTC funded primarily
 - Local Health Integration Network (LHIN)
- Other partnerships/collaborations

Mission Statement

“Our Mission is to provide quality services in response to the unique needs of individuals and families affected by substance abuse and/or gambling. We will work to eradicate stigma about addiction through education and advocacy.”

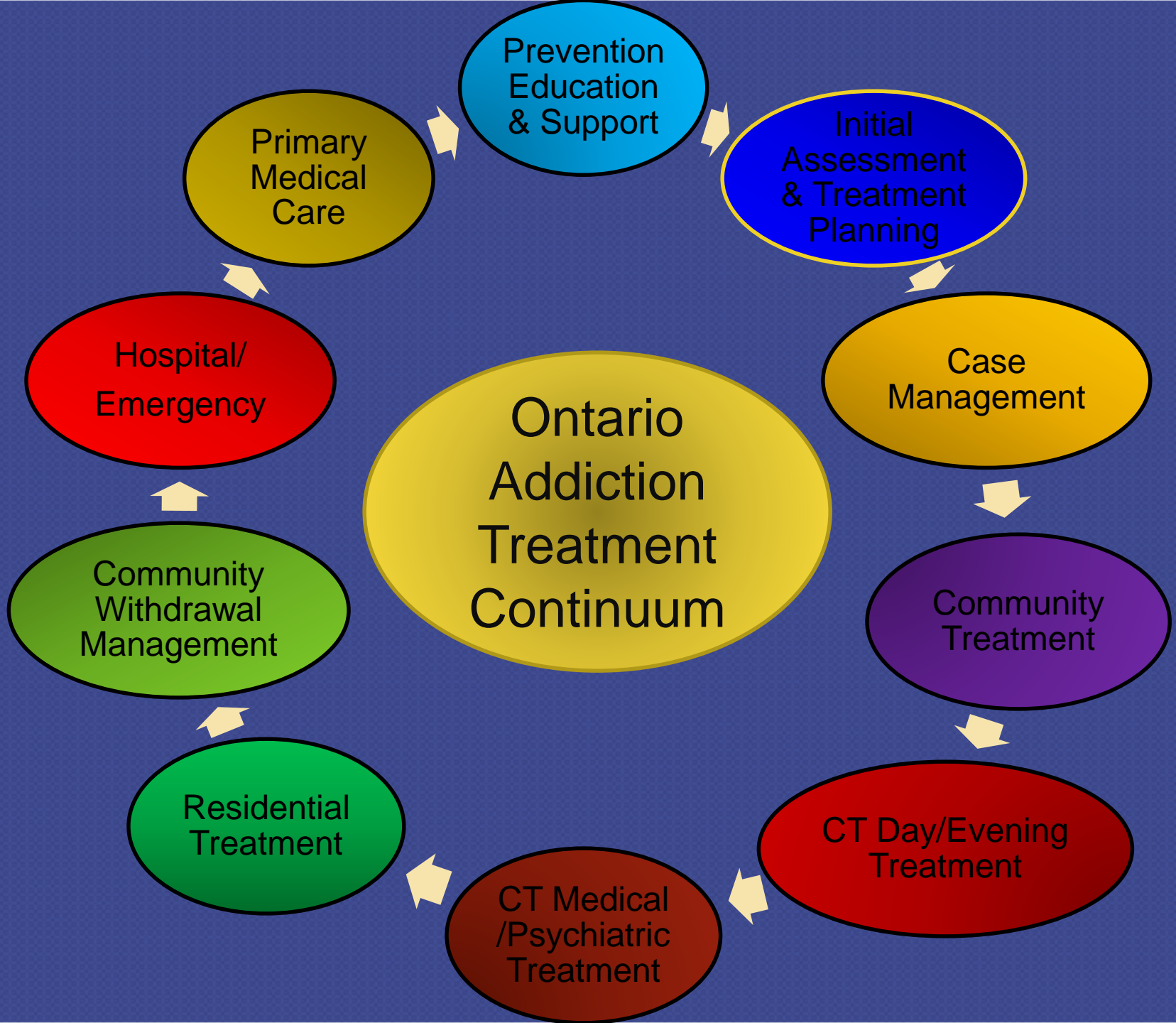
Revised November 2012

Recovery Philosophy

- The staff members at ADSTV believe that persons with substance abuse or gambling problems can learn to manage these concerns and lead fulfilling lives. We believe that clients should retain the fullest control over their lives.
- We believe that with our involvement, this will be achieved by empowering persons with these concerns to identify and access appropriate resources, which correspond to their individual needs.

Our Mandate

- Substance Abuse concerns
- Problem Gambling concerns
- Individuals, families and the community
- Age 12+ / Male and female
- Assessment, Treatment Planning, Referrals, Outpatient Counselling / Case Management
- Community Development, Prevention



ADSTV

```
graph TD; ADSTV[ADSTV] --- CP[Core Programs]; ADSTV --- SP[Specialized Programs]; ADSTV --- TWCSP[TWCSP]; ADSTV --- LON[LONDON CAREs]; ADSTV --- LHSC[LHSC];
```

CORE
PROGRAMS

SPECIALIZED
PROGRAMS

TWCSP

LONDON
CAREs

LHSC

*52 Staff + 5 to hire ASAP +
students/volunteers*

POSSIBLE

200 Queens Avenue, Suite 260,
London, ON, N6A 1J3
www.adstv.on.ca

T: (519) 673-3242
F: (519) 673-1022

Core Programs

Substance Abuse

Problem Gambling

Back On Track

Opiate CM Program

POSSIBLE

200 Queens Avenue, Suite 260,
London, ON, N6A 1J3
www.adstv.on.ca

T: (519) 673-3242
F: (519) 673-1022

SUBSTANCE ABUSE

- Persons concerned about themselves can access screening, assessment and treatment services in all three counties.
- Third party and self-referrals are welcome
- ADSTV offers screening, assessment and treatment of all substance use with the exception of tobacco
- Individual and group counselling
- Family Group Education Sessions

SA Referral Information

- London
 - 519-673-3242 ext. 222
- London Walk-in Intake:
 - Monday and Thursday from 1:00 – 3:00pm
 - 200 Queens Ave, Suite 260, London
 - intake@adstv.on.ca

PROBLEM GAMBLING

- Persons concerned about their gambling or someone else's gambling can access services in all three counties.
- Third party and self-referrals are welcome.
- Provide screening, assessment and treatment
- Prevention and education

PG Referral Information

- Problem Gambling Intake Line
 - 519-673-3242 ext. 234
- Email: intake@adstv.on.ca
- London Walk-in Intake:
 - Monday and Thursday from 1:00 – 3:00pm
 - 200 Queens Ave, Suite 260, London

BACK ON TRACK

- Provincially mandated education and/or treatment program for
 - convicted impaired drivers
 - drivers charged with two or more roadside suspensions
- Fee for service
- Any participant can access if they are able to travel to London

BOT Referral Information

- Kirk Sinclair, Program Manager
- Tele: (519) 673-3130
- Fax: (519) 673-1022
- Monday to Friday – by appointment only at (519) 673-3130

COMMUNITY OPIOID TREATMENT PROGRAM

- New program to address opioid misuse and abuse – under development
- Will serve all of Thames Valley area
- Focus on increased access to substitution therapies (methadone, suboxone, buprenorphine)
- Case management approach
- Pregnant women #1 priority

COMMUNITY OPIOID TREATMENT PROGRAM

- High level goals provided by MOHLTC/LIHN
- Community development
- Needs to be identified
- Support opioid affected individuals and existing services to achieve goals
- Hiring near completion

Specialized Programs

```
graph TD; A[Specialized Programs] --- B[FreshStart]; A --- C[heartspace]; A --- D[LDTC]; A --- E[ASH];
```

FreshStart

heartspace

LDTC

ASH

POSSIBLE

200 Queens Avenue, Suite 260,
London, ON, N6A 1J3
www.adstv.on.ca

T: (519) 673-3242
F: (519) 673-1022

FRESH START

- Funded by the City of London
- An employment initiative to facilitate Ontario Works participants in removing barriers to assist in their return to the work force.
- Ontario Works participants self-refer through their Ontario Works Caseworker.
- Assessment, treatment planning, referrals to other addiction and non – addiction services and to community treatment
- Designed to improve the overall well being of its participants with regard to their substance use.

heartspace

- Specialized program for women who are pregnant and/ or parenting children up to age 6
- Integrated and comprehensive addiction, parenting, health, child development and wellness services at a downtown site. Services based on best practices and harm reduction initiatives.
- The vision: break the cycle of inter-generational patterns of addiction and their associated impact on the wellness of women, children and society as a whole.

heartspace Referral Information

- Third Party Referrals
 - <http://adstv.on.ca/get-help/referral-forms/>
- London
 - 519-673-3242 ext. 222
- London Walk-in Intake:
 - Monday and Thursday from 1:00 – 3:00pm
 - 200 Queens Ave, Suite 260, London

LONDON DRUG TREATMENT COURT

- Provides court supervised addiction treatment to people addicted to cocaine, crack, methamphetamines and opiates.
- Non- violent individuals charged with possession or have been charged with small amounts for the purpose of trafficking considered for referral.
- An alternative to incarceration, accepted participants receive a non-custodial sentence and a period of probation following the successful completion of the program.
- Aims to reduce relapse to substance abuse and recidivism while developing stability through supports that assist each individual.
- A collaboration and partnership of agencies that provide social and healthcare services in London. I
- **“Pilot project”** not currently funded

Addiction Supportive Housing

- Designed to assist people who have trouble maintaining housing due to their substance use and are looking to make positive changes in their life
- Intensive Addictions Case Manager (IACM) on-site to develop an individualized approach to treatment.
- 32 “units” in Thames Valley – mixed models – clustered/separate

Addiction Supportive Housing

“The goal of the program is to increase the health and social outcomes of people with problematic substance use issues...”

◎ Four objectives within this goal are identified:

- 1) Reduced frequency of re-admissions to addiction programs
- 2) Reduced contact with the criminal justice system
- 3) Increased successful tenancy
- 4) Reduced Emergency Department (ED) visits

ASH Referral Information

- Individuals can also self-refer via attending intake services at ADSTV
 - Self referral or third party
 - Referral Form
 - <http://adstv.on.ca/get-help/referral-forms/>
- Information sessions for professionals and interested potential participants hosted regularly

London CAREs

- Funded by City of London
- Integrated strategy to address the needs of individuals living with the effects of poverty, homelessness, addiction and mental illness in the communities in which they live
- An action plan that will build a continuum of care and support our program goals
- ADSTV/City of London/Mission Services/Unity Project/RHAC

London CARES Referral Information

- Self-referrals or third party
 - 519-667-2273 (519-667-CARE)
- Grant Martin, Program Coordinator
 - 519-661-2273 ext 222

Telewithdrawal and Crisis Support Program

- Community Withdrawal Support via OTN
- Addiction and Mental Health Crisis Support via OTN
- Require support person to be present
- Develop care plans which include linking with existing community services

TWCSP Referral Information

- Judy Wakem, Coordinator
 - 519-673-3242 ext. 274
 - 519-673-3242 ext. 248
- Email: twcsp@adstv.on.ca
- ADSTV website: www.adstv.on.ca

LHSC Partnership

- Addictions consultant embedded with LHSC MH services (partnership/P of S)
 - Increase hospital capacity for addiction concerns
 - Build links and bridges between community and hospital services
- Consultant: Chantal Dubois

Possible Campaign

<http://www.adstv.on.ca>

**POSSIBLE**

200 Queens Avenue, Suite 260,
London, ON, N6A 1J3

www.adstv.on.ca

T: (519) 673-3242
F: (519) 673-1022

Stage for Change

<http://stageforchange.ca/>

 POSSIBLE

200 Queens Avenue, Suite 260,
London, ON, N6A 1J3

www.adstv.on.ca

T: (519) 673-3242
F: (519) 673-1022

QUESTIONS?

 **POSSIBLE**

200 Queens Avenue, Suite 260,
London, ON, N6A 1J3
www.adstv.on.ca

T: (519) 673-3242
F: (519) 673-1022