

## Extreme Weather Alert – Notice

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Please see the attached Cold Weather Alert issued by the Middlesex-London Health Unit on **INSERT DATE**.

This alert will initiate our Extreme Temperature Protocol. We are asked to remind all those who provide outreach and emergency shelter services to individuals who are street involved or experiencing homelessness to make whatever adjustments are necessary to maximize occupancy and services for those who require refuge from the cold.

### London CARES

Outreach will assist individuals within the core area of London in going to a warming centre and/or emergency shelter when alternate options are not available. 519-667-CARE (2273).

### Emergency Shelters - 24hrs/day, 7 days a week

Emergency shelters are available to provide emergency shelter and assistance to those in distress:

- Men's Mission and Rehabilitation Centre, 459 York Street, N6B 1R3 Phone: 519-672-8500 (men 16 years and older)
- Rotholme Women's and Family Shelter (for families), 42 Stanley Street, N6C 1B1 Phone: 519-673-4114 (parents and their children, and single women who are homeless with no other shelter options)
- The Salvation Army Centre of Hope, 281 Wellington Street, N6B 2L4 Phone: 519-661-0343 (single men and women 16 years and older)
- Unity Project, 717 Dundas Street, N5W 2Z5 Phone: 519-433-8700 (men, women, and couples 18 years and older)

### Violence Against Women Shelters – 24hrs/day, 7 days a week

Emergency shelter and support for abused women and their children:

- Women's Community House, 101 Wellington Road, N6C 4M7 Phone: 519-642-3003 or 1-800-265-1576
- Atlohsa Native Family Healing Services - Zhaawanong Shelter, 256 Hill Street, N6B 1C9 Phone: 1-800-605-7477 (Indigenous women and their children)

### Crash Beds

457 York St (entrance at back of building, southwest corner), N6B 1R3  
Open daily 9:00 pm – 7:30 am

### Drop-In Centres and Services

#### My Sisters' Place

566 Dundas St, N6B1W8

Open Monday – Friday 9:30 am – 8:00 pm;

Open Saturday, Sunday and Statutory Holidays 10:00 am – 3:00 pm

#### Youth Opportunities Unlimited – Youth Action Centre (16 – 24 years of age)

332 Richmond St (corner of Richmond & York), N6A 3C3

Open Monday – Friday 8:00 am – 9:00 pm

Meal Drop In: Monday – Friday 8:00 am – 10:00 am and 3:00 pm – 6:00 pm – Drop-in hours are extended during all extreme weather alerts – 8:00 am – 9:00 pm

Youth can access the centre any time from 8:00 am – 9:00 pm as a drop-in/warming centre regardless of programming schedules.

#### Mission Services – The Resource Centre

457 York Street (entrance at back of building), N6B 1R3

Open Monday – Friday 8:30 am – 11:30 am and 12:30 pm – 3:00 pm

#### Atlohsa Native Family Healing Services

343 Richmond Street, Unit 109

Open Monday to Friday 9:00 am – 5:00 pm

#### London InterCommunity Health Centre

- 659 Dundas Street, N5W 2Z1 Phone: 519-660-0875
- 1355 Huron Street, N5V 1R9 Phone: 519-659-6399

Health Centre Hours: Monday – Wednesday 9:00 am – 9:00 pm; Thursday 10:30 am – 9:00 pm; Friday 9:00 am – 5:00 pm.

Updated December 13, 2017

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### Ark Aid Street Mission

696 Dundas St E, N5W 2Z4

Open 1:30 – 3:30 pm

Open for dinner Monday – Saturday at 6:45 pm

### London Coffee House

371 Hamilton Road., N5Z 1R7

Open Monday – Friday 9:00 am – 11:00 am and 5:30 pm – 7:30 pm; Saturday and Sunday – 11:00 am – 2:00 pm

### **City of London Community Centres**

Phone: 519-661-5575

- Boyle Memorial Community Centre, 530 Charlotte Street, N5W 4V4
- Byron Optimist Community Centre, 1308 Norman Avenue, N6K 2A3
- Carling Heights Optimist Community Centre, 656 Elizabeth Street, N5Y 6L3
- Hamilton Road Seniors Centre and Community Centre, 525 Hamilton Road,
- Kinsmen Recreation Centre, 20 Granville Street, N6H 1J3
- Kiwanis Seniors Centre, 78 Riverside Drive, N6H 1B4
- Medway Community Centre, 119 Sherwood Forest Square, N6G 2C3
- North London Optimist Community Centre, 1345 Cheapside Street, N5V 3N9
- South London Community Centre, 1119 Jalna Blvd., N6E 3B3
- Springbank Gardens Community Centre, 205 Wonderland Road South, N6K 3T3
- Stronach Recreation Centre, 1221 Sandford Street, N5V 2J8

### **London Public Libraries**

The public is welcome to cool down or warm up in any London Public Library location during their regular hours of operation. For the hours and locations of library branches that are open, please visit [London Public Library](#) or call 519-661-4600.